

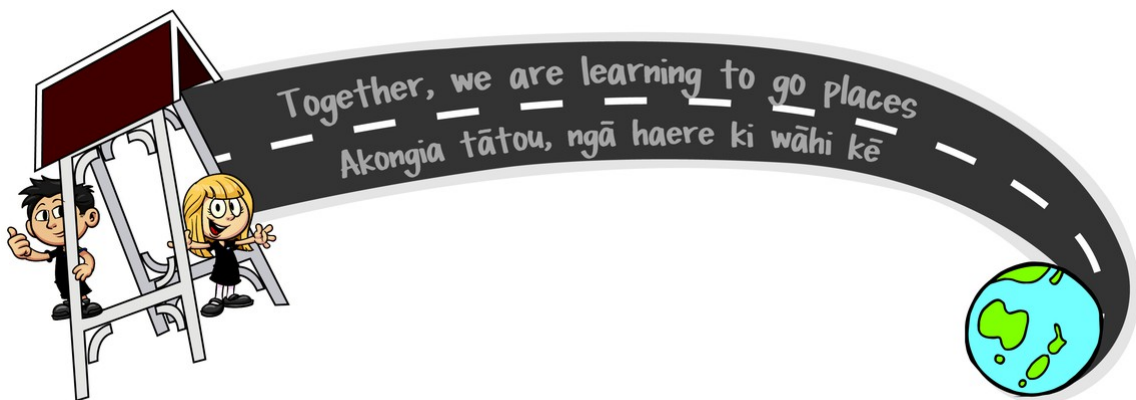
WEEK 8

TERM 4 2019

TAURANGA PRIMARY SCHOOL NEWSLETTER

TPS WEBSITE

SCHOOL SHOP



PRINCIPAL'S MESSAGE

Tēnā koutou katoa

Ngā mihi nui kia koutou katoa - Warm greetings to you all.

We are sending home an extra school newsletter this week, to make sure that everyone is aware of school happenings:

- **4-6 December Year 6 Camp at Totara Springs**
 - **6th December - We will be moving middle school class furniture into the hall and library (while the children are at Memorial pools).** On the 9th of December they will start using these spaces in preparation for our building project in 2020. Whaea Kat's class will move into the Technology fabric room on the 13th December.
 - **9th December - 9:30 am School Awards Assembly @ Memorial Hall (QEII)** Class awards will be presented to Year 1-5 students. Parents of children receiving awards will be contacted. Everyone is welcome to attend.
 - **10th December - 10:00am - Helpers Morning Tea** - We extend a warm invitation to all TPS parents and whānau who have helped during the year with trips, coaching sport teams, volunteering in classes, sausage sizzles, lego show, disco etc to come and join us for morning tea.
 - **11th December - 9:30am Year 6 Leavers' Assembly at Memorial Hall (QEII)** Celebrating our Year 6 learners. Parents of children receiving awards will be contacted. Everyone is welcome to attend; it is a special event for all Year 6 learners.
 - **13th December** - children will meet their new teacher for 2020. A note will come home confirming your child's 2020 teacher.
 - **17th December** - Year 6 Social Dance 7:00pm - 9:00pm
 - **19th December - last day - school closes at 12:00pm. Please ensure you organise a timely pick up for your child. Reminder that there is no school bus on this day.**
-
- **3rd February - first day 2020**

It is a very busy time of year, and it is generally around this time that children can show signs of anxiety and stress through their behaviour. We are certainly noticing lower levels of resiliency displayed at school recently.

Some tried and true strategies to assist children cope are:

- **Visual diary** - keep a calendar of upcoming events on the fridge and talk children through the week ahead, and each day before it happens. Preload them, talk through any anxiety or concerns they might have and make a plan if needed.
- **Keep up with bedtime routines on weekdays;** children need 10-12 hours daily. Sleep and a healthy diet contribute greatly to general well being. If they are feeling hot at bedtime- maybe a quick cool shower before bed could help, or a cold flannel over the forehead and eyes. If their room is bright, pin up extra coverings over windows or invest in blackout curtains.
- **Reduce screen time** - especially before bedtime.
- **Slow things down at home** - keep it calm and routined as much as possible. Make time to talk and hear about their day, or listen to their questions about the next day ahead.

- **Encourage your children to use mindfulness strategies.** Sit with a straight back and soft belly. Then take at least five long slow breaths (in the nose and out the mouth). This could be done in bed together, after a story, it is a good transition into sleep.
- **Remain calm** - when you are stressed or upset how do you act? Your children will watch and copy these behaviours. Parents are the number one role model in children's lives. We are all only human and we all make mistakesif you are not happy with how you responded to a situation with your children, tell them that you made a mistake, explain how you wish you had responded, and what you are going to do now to improve things.
- If your child(ren) are exhausted, they might need a rest day at home to manage and cope positively with the rest of the week. You know your child best, what they are capable of and what they need to set them up for success at school. Email or ring in their absence as a sick day.

Nau mai, haere mai, a very warm TPS welcome to William and Sophia Haycock who started recently at our school. Glad to have you and your family as part of our **T.P.S. TEAM**.

Thank you for your continued support.

Hei kōnei rā

Fiona Hawes

Principal | Tumuaki

principal@tauranga.school.nz



Before & After school care and holiday programmes

Under the Red Cross building, 353 Cameron Rd, Tauranga.

Homework sessions, Afternoon tea, WINZ Subsidies.

For info contact Maree on 021 2454845 or 07 5710597

E-mail: tauranga@schools-out.co.nz

Or check out our website www.schools-out.co.nz

**SOUTH CLUSTER AND WBOP ATHLETICS
CERTIFICATES PRESENTED LAST WEEK AT
ASSEMBLY.**





SPORTS NEWSLETTER WEEK 8 2019

The end of the school year is fast approaching and so is the end of our summer sports. We were very pleased to have close to 150 TPS kids representing our school this term on a variety of sports fields. There was a noticeable amount of junior students playing school sport for the first time this term, making our sporting future look very exciting. Well done juniors!

I would like to take the opportunity to thank all the parents and caregivers who have helped out with our teams this term; whether it be coaching, managing or simply cheering from the sideline, we appreciate your support.

The **final playing dates** for the summer sports leagues are as follows:

- Summer Hockey – Monday 2nd December (finished)
- Kiwi Volleyball – Friday 6th December
- Cricket – Saturday 7th December
- Fast Football – Tuesday 10th December
- Flippaball – Tuesday 10th December (Note this has changed from initial notice)
- Rippa Rugby and Quick Rip – Thursday 12th December

The draw for each of these sports can be found on the following websites, and will also be posted on the TPS Sports Notice Board each week outside the School Library.

Football – www.blueovers.co.nz

Water polo and Flippaball – www.taurangawaterpolo.co.nz

Kiwi volleyball – www.volleyballtauranga.co.nz

Rippa rugby and Quick Rip – www.boprugby.co.nz

WBOP ATHLETICS CHAMPIONSHIPS 2019

For our senior students, the pinnacle of the athletics focus in Term 4 is the WBOP Athletic Championships. Last Wednesday, we took 11 athletes who joined the South Cluster Team to compete at this event. This event is always very competitive, with the best athletes from around the region present. The South Cluster did exceptionally well this year, finishing in first place with a whopping 59 points (second was Te Puke Cluster on 27 points, and third the West Cluster on 24 points). Our TPS athletes contributed to this win with some outstanding individual performances. Congratulations to the following kids who placed:

Curtis Brott ran a very intelligent race winning the Year 5 Boys 800m run.

Alex Ormsby had an exceptional jump of 3.66m to win the Year 5 Girls Long Jump.

Charlotte Hills threw a massive 8.79m taking out the Year 6 Girls Shotput.

Ryan Blair did a great throw of 10m to finish 2nd in the Year 5 Boys Shotput.

SCHOOL PE TOPS AND SPORTS EQUIPMENT

A reminder that any loaned PE tops or sports equipment you have borrowed needs to be returned to the school office, as soon as the sporting event has finished. The final day these items can be returned is **Friday 13th December**.

TERM 1 2020 SUMMER SPORTS TEAMS

Information, registrations and payments for the Term 1 summer sports teams will once again be available on the online School Shop. School Shop will go live on **27th January 2020**, and hard copies will be available from the school office.

At this stage the following sports will be available:

- Rippa Rugby and Quick Rip
- Flippaball
- Kiwi Volleyball
- Cricket



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HELEN O'GRADY DRAMA STUDENTS HAD
FUN PERFORMING THEIR WELL
REHEARSED SKITS AND POEMS THIS WEEK.



Jason Fox
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STUDENTS THAT USE THE SCHOOL BUS -
EARLY NOTIFICATION: ON THURSDAY 19TH
DECEMBER WE FINISH AT 12 NOON, THERE
WILL BE NO BUS SERVICE ON THAT DAY.
FAMILIES ARE ASKED TO MAKE
ALTERNATIVE ARRANGEMENTS.

INTERESTED IN UNDERWATER HOCKEY?
SEE THE INFORMATION BELOW. YOU CAN
GET A FORM FROM THE OFFICE.

Starting Wed 4th Dec 2019



From 3:05 to 4:00pm

Wednesday *after-school* Underwater Hockey

Greetings Students, Parents and Caregivers

Year Five & Six students invited

To underwater hockey in the Tauranga Primary Pool

"Learning Skills and Fun Games" on Wednesdays **after school**

Underwater Hockey is played on the bottom of a pool with a short stick, plastic-covered lead puck and glove. Players need to be comfortable swimmers and ideally, be confident with a face-mask, snorkel and fins. The games will be played in the Tauranga Primary pool while the pool remains open this term.

If players have a face-mask, snorkel and fins bring it along and we will provide the rest of the equipment. If they don't have all the gear, loan equipment is available

When you come please bring signed slip to School Office.
There is no cost.

Tom Smith 5786222 or tsmith@tauranga.school.nz

Underwater Hockey Games – Please return to Office

I would like to play Underwater Hockey for a fun team.

Details please

Student Name: _____ Room: _____ Yr: _____ B/G

Parent/Caregiver - I give permission to play in Tauranga Primary Swimming Pool
Underwater Hockey games,

Signed: _____ Phone: _____

Email: _____ Date: _____



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KIDS SURF CAMP

SUMMER HOLIDAYS - AGES 7-15 - BEGINNER TO INTERMEDIATE



Join a weeklong surf camp, with the Bay's most award winning surf school!

Students will learn:

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- Proper surfing technique
- All about surf conditions & surf equipment
- Team building and lots of fun!

About Hibiscus Surf School:

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Details:

Monday through Friday, 9am - 1pm
All equipment and snacks provided.

For information and bookings visit

www.surfschool.co.nz

Or contact Ray, Head Coach - (027) 279-9687



TAURANGA LIBRARY SUMMER READING PROGRAMME

From 9th Dec - 18th January we are running our new and improved **Summer Reading programme**, where children can earn prizes for chilling out with a book over summer! Participating is simple: rather than registering, children just need to pick up a free Summer Reading booklet at any of our libraries. The booklets have a combination of at-home and free in-library activities to do. Complete 4, and win!

Further information will soon be on the library website, and in all of our libraries.

CONTACTS

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